

UNIVERSITY OF CALIFORNIA, BERKELEY

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SANTA BARBARA • SANTA CRUZ

ATHLETIC STUDY CENTER

169 CESAR E. CHAVEZ STUDENT CENTER

BERKELEY, CA 94720-4220

VOICE: 510-642-8402

FAX: 510-643-8545

Dear Student Athlete,

This is to confirm receipt of your registration for the July 20th New Student Athlete Orientation. We are happy that you will join us on the Berkeley campus from 10:00am until 2pm! Please read the following information carefully before attending the orientation.

Check-in will be held from 9:30-10am on the UC Berkeley campus outside of the east entrance of the Valley Life Sciences Building (VLSB), between VLSB and California Hall. You can access a campus map at: <http://www.berkeley.edu/map>. Coffee will be available during check-in time, with Orientation beginning promptly at 10am.

Students and parents will attend the same program at 10am, and then we will separate students from parents for different presentations and relevant break-out sessions. Presentations will end at 1pm, with lunch served between 1pm-2pm. Athletic Study Center Staff and Intercollegiate Athletics Staff will be available during the lunch hour to answer any questions that are not addressed between 10am and 1pm.

Prior to July 20th: The July 20th Orientation will provide practical advice about your academic and athletic experience at Cal. We will also describe the academic requirements with which you must comply in the course of your studies.

We will cover how to select and enroll in courses, but we expect you to have completed the preparation below.

Getting Started (<http://orientation.berkeley.edu/before-you-arrive/getting-started>):

- Log into Cal Central
- Create your CalNet ID and bConnected account
- Apply for Housing
- Submit Final Transcript

Golden Bear Advising (GBA) (<http://orientation.berkeley.edu/before-you-arrive/golden-bear-advising>):

- This is the first step in your Golden Bear Experience.
- Golden Bear Advising covers campus academic resources and serves as an introduction to your college. This information includes communication with your Academic Advisor, an overview of academic resources, graduation requirements, how to find and choose courses for your first semester, and how to enroll using the CalCentral My Academics tab. You will be invited through a task in CalCentral to complete this portion of your Golden Bear Experience. Final assignments are due June 30th.
- ***You must complete Golden Bear Advising in order to connect with your College Academic Advisor and to enroll in classes.***

Schedule Planning Webinar for Student Athletes in L&S (June 25th, 10-11am, PST)

This online session is designed for first semester student athletes and will be co-hosted by advisors from L&S and the Athletic Study Center. The following information will be covered: degree requirements, schedule planning specific for athletes, and campus resources targeted for students who will be balancing their sport with their studies. Students will have an opportunity to ask questions at the end of the webinar. Please check your email as the date nears - students will receive a link to register for the webinar via email.

- ***If you are unable to log-on during the 10-11am hour, it will be recorded for you to view after the live session.***

Advising tips: Undergraduate students at Berkeley normally enroll in 15 units per semester in order to graduate in four years. This does not include AP units or summer course work. In your first semester students generally enroll in courses which will satisfy campus and breadth requirements, as well as lower division prerequisites for potential majors. Balance your program by enrolling in a variety of courses; we suggest taking no more than two similar courses per semester. Select alternative courses in case your first choices are unavailable.

We recommend that you complete the following requirements within your first two years:

- 1) AWPE (Analytical Writing Placement Exam) and the Reading & Composition requirements*
- 2) Foreign Language & Quantitative Reasoning requirements*
- 3) Lower division prerequisites for your major
- 4) Courses fulfilling the seven course breadth requirements
- 5) American Cultures requirement

* You may have already fulfilled some of these requirements based on your high school coursework and/or standardized test scores.

WHAT TO BRING TO ORIENTATION

- A Cal Spirit
- The final assignment (proposed Fall 2019 schedule) from your Golden Bear Advising online course
- Internet capable mobile device (laptop, tablet, or phone)
- Questions

Internet: You are encouraged to join the "CalVisitor" network for WiFi access while on campus. No password is required. New students can connect via "AirBears" using your CalNet ID and Passphrase. For more information about AirBears, please review the information at this link: <https://technology.berkeley.edu/wi-fi>. There are limited power outlets, so please charge your devices fully before coming to the Orientation.

We are looking forward to meeting you on Saturday, July 20th. If you have any questions, please feel free to contact us at (510) 643-9249. GO BEARS!

Sincerely,

A handwritten signature in blue ink, appearing to read 'D.V.R.', followed by a horizontal line.

Derek Van Rheen, Ph.D.
Director
Athletic Study Center
179 Cesar Chavez Student Center #4220
Berkeley, CA 94720-4220

Parking

Street parking in Berkeley is not free on Saturdays. You should plan to pay for parking in a lot or garage for the duration of the event. Some parking recommendations include:

- Recreational Sports Facility (RSF) Garage, located at the corner of Bancroft Way and Ellsworth Street
- Channing & Telegraph Parking Structure, located at 2450 Durant Ave
- MLK Student Union Garage, located on Bancroft Way between Telegraph and Dana
- Additional guest parking info: <https://pt.berkeley.edu/parking/visitor-parking>

Transportation to Berkeley from Airports: SFO or OAK (OAK is closer to UC Berkeley)

- Taxi - Fares run from \$55-100 depending on the cab company and time of day. Fares are subject to change.
- Uber/ Lyft - Rates run from \$20-75. Fares are subject to change.
- Bart - Service is available to Berkeley from both Oakland and San Francisco Airports. For information about schedules and costs, please go to <http://www.bart.gov>. For reference, the Downtown Berkeley BART station is the best station to exit as it is 1-1/2 blocks west of the Berkeley campus.
- For more public transit info: <https://pt.berkeley.edu/transportation-options/public-transit-info>

Local Hotels*



DoubleTree by Hilton Hotel Berkeley Marina
200 Marina Blvd., Berkeley, California, 94710
Phone: +1-510-548-7920
Fax: +1-510-295-2622
<http://doubletree3.hilton.com/en/index.html>



Hotel Shattuck Plaza
2086 Allston Way, Berkeley, California 94704
Phone: 510-845-7300
Fax: 510-845-7320
Email: info@hotelshattuckplaza.com
<http://www.hotelshattuckplaza.com/>



Graduate, Berkeley (Formerly the Hotel Durant)
2600 Durant Avenue, Berkeley, California 94704
Phone: 510-845-8981
Email: info@graduateberkeley.com
Discounted rate book directly here: [Discounted Rate](#) or use promo code on hotel website: NSAAO19 or reference "New Student-Athlete Academic Orientation" if booking via phone

*Please be advised that in providing information about local accommodations the ASC is not recommending any specific provider. We encourage all those attending to make lodging arrangements that fit their needs.