



Athletic Study Center *Scholar-Athlete* of the Week



Asha Fletcher

Recognized for exhibiting measurable improvement, this past year, in her time management and organizational skills – communicating with her professors and graduate student instructors, attending office hours consistently, and making sure the foundation is set at the beginning of each semester for her to be successful. Asha has truly persevered in her journey at Cal shifting the narrative of engagement from initial timidity to distinct confidence, building a solid pathway for her sense of belonging within various spaces on campus. She has been intentionally involved with the Student Learning Center, the Athletic Study Center, and the College of Letters and Science, reaching out to other experienced students to ask for advice, while exploring her interests within the Cal community and beyond. Through her commitment to tutoring for the ASC, Asha has been able to crystallize her knowledge of important academic skills and even work to mentor younger students, sharing some of her experiences and growth with others that have had similar challenges in their academic careers. She has shown initiative in accessing and requesting resources and seeking support in areas that are of interest; has created a network of classmates and peers that have similar curiosities; and has been able to start figuring out how the transferrable skills she has acquired through her work at Cal will be implemented in the next phase of her transformational growth and eventual career path beyond Cal upon graduation.



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Evelien Iutje Schipholt



Recognized for embodying all four competencies of what it means to be a scholar-athlete here at Cal - leadership development, mental performance, community engagement, and career readiness. Evelien has excelled academically and managed to secure a competitive internship in Dr. Rape's Molecular and Cellular Biology Lab here on campus, as well as stepped up as a leader within the community, volunteering at the UCB Food Pantry along with her teammates. While serving as the Women's Basketball lead for community engagement, she has spearheaded and coordinated multiple volunteer opportunities in partnership with the Cameron Institute this fall. A highlight has been supporting recess at KIPP Bridge Middle School in West Oakland, where Evelien was quick to develop a mini fan club of young girls. Evelien is a selfless leader who puts in the work behind the scenes when no one is watching. This includes picking up extra weekend shifts at the food pantry and putting in the time to organize and coordinate engagement opportunities with her team. She has clearly demonstrated self-efficacy with her proactive outreach to the Cameron Institute, identifying support for her career aspirations, and getting connected to other spaces and engagement opportunities both on campus and within the larger community.



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Gabriel Jett



Recognized for staying determined and willing in the academic development process by embracing curricular tasks beyond his comfort zone of learning. Gabriel utilizes the ASC academic advising and support model to the fullest, leveraging resources and services to holistically advance his opportunity windows at Cal. He is great with time management, setting up scheduled blocks to work on upcoming assignments, and relies on a disciplined routine with attention to depth and details in the preparation process. Gabriel understands the value of engagement and attends office hours when necessary to build rapport and advance his relationships with professors, graduate student instructors, and fellow peers in a collaborative manner. He is a mindful listener, who maintains a pulse on the progress of his peers, lending them assistance when needed, but also letting them support him in return without hesitation. He is passionate about his disciplinary goals as a film major, leaning on his creativity and skill set as a methodically-driven writer who approaches the craft via outlines and multiple drafts, in the process of seeking constructive feedback. Overall, Gabriel is an individual who embodies positive energy and appreciates what the Cal journey has to offer, consistently maintaining a growth mindset and challenging himself to seek a transformative approach to academics.



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Helena Batey



Recognized for establishing, refining, and enhancing her intellectual and functional leadership skills in a transformative manner.

Helena values relationship building in curricular and co-curricular spaces, leaning on collaborative opportunities to explore both personal and professional avenues for growth. Some of her recent achievements include - (1) serving as a seasoned Peer Advisor and Co-Facilitator for the Freshman Transition Seminars; (2) working as a lead intern on time-sensitive domestic and international

projects with Miracle Messages; (3) designing impactful digital media as a Content Strategist with Global Lives Project; (4) leading dynamic conversations as an Executive Board Member for the Cal Golden Girls organization; and (5) traveling abroad as a Berkeley

Scholar focused on French language and cultural immersion opportunities. Helena's approach to holistic development is based on a purpose-driven foundation of self-efficacy that exemplifies the

highest standard on campus!



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Tatum Anzaldo

Recognized for exhibiting significant progress in time management and organization, discipline in finishing readings prior to class, and showing up prepared for academic support sessions. Tatum has demonstrated self-efficacy by mapping out weekly logistical tasks in a proactive and efficient manner. She is setting a high standard for herself and stepping beyond her comfort zone to fulfill her potential, while scaffolding effective engagement strategies for her freshman peers. Beyond the classroom, Tatum is aiming to become a firefighter with the California Department of Forestry and Fire Protection (CalFire) and has researched the process for what it will take to enter this competitive field. She volunteered with the fire service last semester, and helped coordinate a Toy Drive with the local fire department for a community wellbeing project, within one of her courses, as a Social Welfare major. Tatum's journey at Cal represents so much more than balancing academics, sports, and life; as she shared in a recent DEIBJ Belong Blog, it is a transformative responsibility, - "I am also here showing other little girls who look like me that attaining an education all while playing the sport you love is possible. We just have to remind ourselves that #BrownIsPower."