



Jonathan & Judy Hoff *Scholar-Athlete* of the Week

Brett Johnson



Recognized for maintaining a high performance mindset and adapting to unforeseen physical circumstances that have limited his opportunity windows. Brett is an exceptionally talented individual with a top notch work ethic and he truly leads a disciplined path both on and off the field. Unfortunately, he has encountered season-ending injuries two years in a row. You would not know this with his attitude, which is always upbeat, curious, and reflective. He leads by example, not letting his current limitations dampen his intellectual pursuits, as he channels his energy in the direction of excelling in his French course and taking the opportunity to enjoy learning a new language. Brett is inquiry-driven and doesn't shy away from asking for help when necessary from academic advising/support staff and football personnel, while being consistently present with good humor. He has been praised by coaches, staff, and peers for being an impactful leader who influences others to work selflessly toward a collective purpose!



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Beaux Tagaloa

Recognized for cultivating a sense of belonging within the academic community by seeking out suggested resources and relevant relationships to help foster growth in his pursuit of short-term and long-term goals. Beaux utilizes resources such as calendars, bCourses sites, and other organizational hubs, and interacts frequently with his academic support team to best accomplish his goals. Whereas in the past, he occasionally struggled with managing the rigorous demands of the Berkeley curriculum, he has recently shown agency in knowing how to prioritize assignments and work on them simultaneously, dedicating time to maximize his learning and productivity within the ebbs and flows of the semester. Beaux is aware of all the commitments on his schedule, both academic and athletic, and is disciplined in maintaining communication with personnel if he has a scheduling conflict or concern, thereby exhibiting a high level of responsibility for his engagements, and demonstrating a level of self-confidence and self-advocacy that is praiseworthy.



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Damien Moore



Recognized for being consistently proactive in arranging his academic support resources each term to accelerate his learning and growth. Damien does not shy away from academic setbacks and continually strives to be a better student and teammate, stepping beyond his comfort zone, and using a natural metacognitive approach to evaluate his learning process. At the moment he is excelling in a "Sports & Gender in U.S. History" course, providing his own lens based on diverse content within the weekly readings and critical arguments within his reflective assignments. Damien is punctual and proactive in his engagements with the academic staff, bringing positive energy into the space and setting an example for his peers with regard to best practices for utilizing resources in a reciprocal manner. He is currently considering a coaching career path, post-college, where his calm and thoughtful demeanor can have an influential impact on adolescents pursuing sports while navigating the complexities of identity, belonging, and discovery via individual and team engagements.



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Nate Rutchena



Recognized for taking ownership of his intellectual growth by utilizing academic support services with an intentional mindset tailored to his own development as a learner. Nate is diligently organized and his time management skills have improved significantly as he has demonstrated in preparing for various curricular tasks and contacting professors when necessary in a timely and professional manner. Nate goes above and beyond when scheduling tutorial services, often extending his hours of support to gain ground on the subject matter. He has been praised by academic support staff for being enthusiastic, studious, and an excellent contributor. He is not merely consistent by being conscious of his own needs, but is motivated to learn and help other students, in a supportive manner, sharing strategies that he has found useful and rewarding. Nate's writing skills have also improved a great deal as he has learned to leverage the academic research he gathers into insightful and critical arguments with a clear professional tone. His holistic approach to acquiring and maintaining knowledge is quite impressive as he seeks to grasp on to the bigger, more nuanced concepts (e.g. systemic inequities, othering, dehumanization projects, social construction) allowing him to have more of a solid foundation to draw from when taking exams, writing papers, and preparing projects.



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Xavier Carlton



Recognized for embodying the notions of self-motivation and proactive performance via an academic accountability model that leans on consciousness of self in relation to others. When engaging with tutorial staff, Xavier always has a detailed and itemized awareness of what assignments he has coming up, and understands the necessity of prioritizing certain projects over others. He is capable of working independently, in a focused manner, and diligently maintains a disciplined routine. Specifically, he is very strategic in his approach to the revision process, drafting multiple versions of papers and assignments, and seeking constructive feedback from academic support staff, to ensure he is submitting his best-quality work to professors. In situations where he has worked ahead or established comfort in a particular course concept, Xavier has shown leadership in his ability to help fellow teammates and classmates with content that is more difficult for them to comprehend. Beyond the classroom, he balances his academic success with a variety of football engagements, while intently maintaining relationships with his family, demonstrating a strong sense of responsibility to those in all spheres of his life. As an impactful leader who works selflessly toward a collective purpose, both on and off the field, Xavier is mindful of practices and applies them accordingly based on situations, groups, and individuals embedded within his lived journey.